## Wellness



# La Posidonia

SPA, IBIZA



#### **BODY MASSAGES**

 Relaxing A gentle rhythm massage with enveloping movements that help relax the body, mind and soul.

50 min 170 euros 80 min 230 euros

• Zen Head & Feet A relaxing experience that combines a delicate cranial massage with relaxing reflexology methods for the feet.

50 min 170 euros 80 min 230 euros

 Future Mum A treatment designe to care for the body and emotions of the pregnant women.

50 min 170 euros

• Deep-Tissue Energy massage designed to release muscle tension.

50 min 180 euros

• **Ibiza Healing Energy** Immerse yourself in a experience that combines Lomi Lomi massage techniques to activate your vital energy, balanced with essential oils and the soothing touch of Ibiza's wellness essence.

50 min 180 euros



### POSIDONIA SCRUB & MASSAGE CORPORAL

Aromatherpay experience by SeaSkin Life. These treatments fuse the Posidonic Sea Salt flower from the island of Menorca and the purest earth in your body.

• Posidonia Scrub y De- Stress Massage Exfoliantion and relaxing body massage with aromas of Orange and Sandalwood.

80 min 240 euros

• Posidonia Scrub y Detox Massage Exfoliantion and detoxifying body massage with aromas of Grapefruit and Lemongrass.

80 min 240 euros

## SIGNATURE TREAMENT / NA XAMENA FUSION

Inspired by the mystical energy of the island, this exclusive massage blends Balinese techniques with traditional Thai massage, offering you infinite, deep and harmonizing relaxation where we work on the body, mind and spirit.

80 minutes 280 euros





#### **FACIALS** By Seaskin Life

• **Relax** Facial treatment designed to offer a relaxing and rejuvenating experience. It provides antioxidants with regenerating action and eliminates impurities, leaving the skin perfectly luminous and balanced.

50 min 170 euros

• Energy Moisturising and energising facial treatment that provides extra antioxidants and promotes collagen metabolism and cell regeneration. Ideal for restoring vitality to your skin, leaving it radiant and full of energy.

50 min 170 euros

#### FACIALS By SkinCeuticals

• Glow Facial treatment designed to provide luminosity and improve skin texture to illuminate the face and achieve deep hydration.

50 min 170 euros

• **Detox** Facial treatment that removes impurities and toxins from the skin, restoring its natural balance and leaving your skin looking renewed and repaired.

50 min 170 euros

• Corrector Facial treatment to correct blemishes and signs of ageing, improve the texture of the skin, leaving it smoother and more even.

50 min 170 euros





#### RITUAL WELLNESS

- 80-minute body massage of your choice.
- Personalized Skin Ceuticals or Seaskin 50-minute facial treatment.
- Foot Reflexology or Cranial Massage of your choice of 50 minutes.
- Suspended Waterfall Experience.

565 euros





#### LAS CASCADAS SUSPENDIDAS

Water circuit with outdoor hydromassage in a privileged environment at the foot of the cliff for a complete relaxation of body, mind and soul.

45 minutes 40 euros

#### **EXPERIENCES FOR EXTERNAL CLIENTS**

Experience the Cascadas Suspendidas along with a magnificent gastronomic experience at the Eden Restaurant and enjoy a unique and special moment.

Cascadas Suspendidas & Pica Pica 125 euros

Cascadas Suspendidas & Pica Pica & Massage 50 min 235 euros

Cascadas Suspendidas & Pica pica & Massage 80 min By Seaskin Life 295 euros

Cascadas Suspendidas & Lunch 155 euros

Cascadas Suspendidas & Lunch & Massage 50 min 265 euros

Cascadas Suspendidas & Lunch & Massage 80 min By Seaskin Life 325 euros

Cascadas Suspendidas & Dinner 190 euros

Cascadas Suspendidas & Dinner & Massage 50 min 300 euros

Cascadas Suspendidas & Dinner & Massage 80 min By Seaskin Life 360 euros

#### CONTACT

www.laposidonia-ibiza.com

spa@haciendanaxamena-ibiza.com



+34 971 33 40 70 Hotel extension 816